

# CROQUET AUSTRALIA COACHING PROGRAM Frequently Asked Questions (FAQs)

## Why should I become a Coach?

One of the most important positions in a Club is the Coach.

Coaches are role models, well respected and play a vital role in supporting and developing others.

They provide players with the skills, knowledge, techniques and tactics needed to improve and succeed.

Accredited Coaches have a huge influence on others and can potentially improve a player's performance and also their career.

It is extremely rewarding and enjoyable to be a Coach.

## What is the Croquet Australia National Coaching Program?

The National Coaching Program provides clear pathways, skills, knowledge and development opportunities for all Coaches and Presenters across all disciplines throughout Australia.

# What are the Coaching Levels?

Level 1 Beginner.

Level 2 Club Member.

Level 3 Interstate/International.

Level 4 International.

# Which Disciplines and Coaching Levels are available?

Golf Croquet Coach Level 1, 2, 3

Association Croquet Coach Level 1, 2, 3, 4

Ricochet Coach Level 1, 2

Gateball Coach Level 1, 2, 3

#### How can I become an accredited Croquet Australia Coach?

Complete an application form or contact your State Coaching Coordinator (SCC) for more details. Their contact details can be found at https://croquet-australia.com.au/

Once the coach application is approved, courses/sessions are then scheduled with a qualified, trained presenter.

Competency training is then provided and successful participants are officially recognised.

#### What are the criteria to be a Croquet Australia accredited Coach?

The criteria to be a CA accredited coach can be found on the application form located on the CA and State Association websites.

A flow chart is also available to refer to. (Refer to attachment 1)

# What are General Principles?

The Community Coaching - Essential Skills online course has been developed to assist officials in learning the basic skills they will need to officiate effectively. This has replaced the General Principles.

More information https://www.sportaus.gov.au/coaches and officials/officials

## What is Recognition of Prior Learning (RPL) and how is it used?

Recognition of Prior Learning (RPL) is all about the skills and knowledge a person has developed through work and life experiences and then transferring them to current training course requirements. RPL may be used in an application or given by Presenters/Assessors for any or all elements of the National Coaching Program. The Presenter/Assessor must be satisfied that those seeking RPL are competent in those elements of the program for which they are seeking RPL.

# Who needs a Working with Childrens Check?

All Coaches must complete a Working With Children Check (WWCC) before they can attend any coach training. State and Territories have their own requirements in relation to WWCC and/or Working With Vulnerable People so you should check with you own State Association.

#### Do I have to use a logbook?

Yes, we need an accurate record of the hours and levels dedicated to coaching for planning purposes and to demonstrate currency as a coach.

## Where do I find the logbook?

The Coach Logbook can be located on the Academy website https://croquet-australia.com.au/

Coach Logbooks can be used online or hardcopies can be printed and completed. If using online, please save to your computer/device.

#### Can I photocopy the Coaching Manuals?

Yes, the can be copied or downloaded.

#### I am having trouble signing in the Academy website

Contact Croquet Australia administration if you require assistance signing into the Leaning Management System. admin@croquet-australia.com.au

# Do I require a First Aid certificate?

It is not mandatory for Coaches to obtain their First Aid Certificate. However, it is desirable and is something you should discuss with your Club as there may be grant funding available for coaches and other members to complete a First Aid/CPR course and well as training in how to operate a defibrillator.

Please be aware of where the First Aid cabinet and defibrillator is located at your Club and how to contact emergency services if needed.

#### How long does the accreditation last?

CA Coach accreditation is valid for 4 years and refresher training is provided every 2 years.

#### **Refresher Training**

Refresher Training is conducted by each State as required.

# What is the difference between Coaching and a Mentoring?

Coaching should be delivered by an accredited Coach and refers to a method of training, guidance or instruction to an individual or a group on how to develop skills to enhance their performance, achieve their goals and reach their full potential.

Mentoring is often provided by a more experienced and trusted advisor, who may or may not be a current or former accredited Coach. The role of a mentor involves sharing their knowledge, skills and/or experience to help another to develop and grow.

# Coach example

A player is having trouble making a hoop/gate. An accredited Coach may provide instruction to the player in relation to adjusting their technique, stance, position or type of shot and advise on specific tactics the player can employ to allow them to have greater success in making a hoop/gate.

#### **Mentor Example**

A player just lost a match and the Mentor provided some encouragement, support and/or feedback to assist the player to reflect on the key learnings from the game and how to approach the next match.

Mentors are not qualified to provide any coaching advice unless they are an accredited Coach.

## Can I coach at my Club if I am not Accredited?

It is highly desirable that all Club Coaches are CA accredited. All Clubs should aspire to provide members with at least one qualified/accredited coach for every discipline they offer.

Whilst all CA members, volunteers and players are covered for general insurance and personal accidents if they are acting in connection with Club activities whilst conforming to the rules of the Club, only CA accredited Coaches are covered for professional indemnity insurance.

All CA Accredited Clubs Coaches are required to follow the National Coaching Program.

The CA and State Associations are here to help and assist with this process.

#### What is a Club Head Coach?

It is strongly recommended that all Clubs appoint a Head Coach.

The Head Coach is responsible for overseeing, planning and providing training for all disciplines and levels.

All Club coaches report to the Head Coach and are rostered when needed.

#### **Training Manuals and Badges**

Any State requiring additional manuals or badges can order them by contacting the CA Finance Officer via email finance@croquet-australia.com.au

#### **National and State Coaching Coordinators**

The National Coaching Coordinator (NCC), the Assistant National Coaching Coordinator (ANCC) and State Coaching Coordinators all play a vital role in planning and coordinating Coach Presenters to provide training for our Coaches and assist in reviewing the content for the National Coaching Program.

The contact details for the NCC, ANCC and SCCs can be found on the Croquet Australia Website. https://croquet-australia.com.au/

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